

## Best Practice 1

### 1. Title of the Practice: Value Education through Holistic Development.

As the Institution itself named after the social reformer and great spiritual guru Shree Ramakrishna and his disciple Swami Vivekananda, likewise the institution believes on the remark of the Great Indian Sage:

*“We want that education by which  
Character is formed  
Strength of mind is increased  
The intellect is expanded  
And by which one can stand on his own feet”.*

Where the world meets our nation as well as our trainees, more democratic, cohesive, socially responsible, culturally rich, intellectually competent, and pedagogically sound within the confinement of positively infectious environment. Embedding into heart, the college proceeds through regular Value Education trends that are integrated into the curriculum itself. Where every day early morning the trainees seek blessings offering Pranam, joining hands together individually before the Principal, where in the Head of the Institution touches every one's head and offers Blessings and which also enchants and flourish the Nepali Culture world-wide..

**2. Objectives of the Practice:** It has always been believed that the very purpose and main function of education is man making and character building, Indian values needs to be coupled with western science. Holistic development and well-balanced personality of the trainees need to be prioritized all the way. And also to develop all dimensions of the human personality, so that young citizens can contribute towards progressive world and lead their students towards a better society, nation and world. Stressing upon the fact, the college records regular Value Education that are integrated hidden into the curriculum.

**3. The Context:** The Trainees on the way to professional development are in dire need of special attention and proper guidance in order to protect and mould the future of the nation (Pupil) falling prey to vices and developing mental health issues. It is a fundamental requirement in today's fast-paced world that young adults are trained to care for their physical and mental health with as much diligence as they have for pursuing their ambitions. Technologically savvy world, knowledge-based, structured and information-oriented education is emphasized upon on each platform. SRBTC consistently realize that present scenario of teaching-learning transaction must be balanced with varied awareness and training in ethics and human values in order to impart and inspire holistic education and through which injecting the goodness among the little minds of schools. Value Education develops one's personality like emotional, social and spiritual aspects that are required for the growth of sound health, healthy attitudes, habits, skills and interests among students.

**4. The Practice:** The Principal of the College conducts Value Education classes once in a couple of week in Conference hall throughout each academic year with all students ranging from First semester to Third semester B.Ed. students. Drama, one act play, Mimes are practiced through the skill development of the trainees towards flourishing the aesthetic, moral, spiritual, social, religious, ethical, democratic, environmental, educational values, and story-telling, Folk songs etc. It has already been included in the B.Ed. curriculum under WBUTTEPA to impart life skills to technologically competent but often spiritually and emotionally impoverished trainees, who despite their academic credentials find it difficult to cope with real life situations. Our classes focus on the need for a commitment to integrity, care, respect, Discipline, decency, reality while teaching soft skills like decision-making, participating in group discussions and communication strategies. It also teaches life skills to cope with gender issues, compatibility in family life and tackling with anger and stress.

**5. Evidence of Success:** Value Education has always been a quintessential part of Shree Ramakrishna BT College. Many students are lacking self-confidence even after accomplishing their graduate level education. We believe in arousing the consistency of their worth potentiality and effectively utilize the important soft and life skills that they learn in practical classroom situation. A number of our students have enrolled in social work-related programmes and have passionately made our college campus-Swachh. Trainees actively put into practice the values and zeal they imbibe for life and society in Value Education practices. Reaching out to make a difference is taken seriously by all students and they extend their assistance to existing environmental issues. Our students selflessly dedicate themselves to various health related awareness and promoting decent standards of health sanitation. The participation of students in social causes is not restricted to their commitments through the Institution; a number of students are passionately involved in outreach activities outside College as well.

**6. Problems encountered and Resources Required:** The most difficult challenge faced is usually reaching out to students suffering from social and emotional issues who prove to be resistant to any kind of help. The Faculty members of the college positively, intrinsically and extrinsically keep trying to arouse their motivational level within campus which results as booster. Assistance is provided by the College Teacher educators spontaneously. However there is scope to introduce specialized professional assistance who would certainly require resource generation.

## **BEST PRACTICE 2**

### **1. Title of the Practice: MENTORING PROGRAMME**

#### **2. Objective:**

- To meet up the vision of the institution i.e. to embed all round personality among the students on progressive curriculum.
- To offer a dynamic learning process for both the mentor and the mentee.
- The mentor as a role model and to scaffold the mentee for personal and academic progress.

#### **3. The context:**

SRBTC, after catering to different socio-cultural, academic and economic diversity necessitates mentoring being opted as one of the best practices by the College. The institutionalized system of having theoretically proper system of mentoring and a particular subject within the curriculum takes initiatives on guidance and counseling in the campus along with the obvious fact that most of the students are from remote areas and first generation learners makes it obvious on the part of the institution to promote mentoring i.e. guidance for holistic upliftment of the students on curricular as well as on co-curricular base. Moreover, it is aimed to line up with the mission and vision of the college, aiming to develop students' personality i.e. to imbibe in the students a positively infectious package towards making them shouldering responsibilities towards building better nation builders.

#### **4. The Practice:**

The college conducts and continues mentoring session on demand and sometimes on regular basis. Flexibility is maintained for students who remain incapable to attend. Parameters for mentoring are classified into four aspects i.e. academic, career, attendance, and general. Most possible and recorded information of mentee's are provided to Mentors with details which becomes friendly for smooth proceedings

towards purpose. Personal development of trainees is also kept in eye such as co-curricular activities, discipline, decency and career related issues. The practice of the mentoring system is evaluated verbally so as to ensure quality and efficiency in practice. The grievances of the mentees are taken up by the mentor and if necessary it is forwarded to the Principal for necessary remedial actions.

5. **Evidence of Success:** Moral decency, mentees discipline, interaction and soft skills, Improvement in students' attendance, Sound health in Sound mind, Establishment of a vibrant relationship between teachers and students which has provided a affable atmosphere in the class room as well as in the college campus.

6. **Problems encountered and resources required:** The diversity in students' background and upbringing i.e. lack of effective articulation, introversion, indifferent attitude etc. Inadequacy in general guidance, career and professional related materials. This is due to the financial constraints faced by the management because the college is dependent on grants.